COUNSELING CENTER
OF THE NORTH SHORE

QUALITY, COMPASSIONATE, ACCESSIBLE MENTAL HEALTH CARE

SERVICES WE OFFER

- Child/Adolescent Therapy
- Individual Therapy for Adults/Seniors
- Couples/Family Therapy
- Groups and Workshops

If you're interested in starting therapy or have any questions, call us at any time:

847.446.8060

THE THERAPY RELATIONSHIP

At the Counseling Center of the North Shore, we believe that the relationship between client and therapist is essential.

We are in network with most insurance plans and also offer a sliding scale fee for clients who are uninsured or under-insured.

MEETING CLIENTS WHERE THEY ARE

If you, a family member or a friend is struggling and in need of support, please call us.

We help our clients address a variety of issues, and serve clients of all ages.

- Anxiety and Stress
- Depression
- Relationship and Family Conflict
- Divorce
- Grief and Loss
- Substance Misuse
- Neurodivergent Support
- Aging and Caregiving
- LGBTQ+ Affirming Care

Insurance Plans

Medicare | Aetna | Cigna
UnitedHealthcare | Optum | Humana
Blue Cross Blue Shield PPO/HMO

847.446.8060

OUR THERAPISTS

Kim Hassenfeld, LCSW
CLINICAL DIRECTOR

Madelyn Mays, LSW
PROGRAM COORDINATOR

Lily King, LSW
INTAKE COORDINATOR

Matthew Silver,
LCSW, CADC

Norma Canelas,
LCPC

Ash Levine,
LCSW

Megan Winzeler,
LSW

992½ Green Bay Road
Winnetka, IL 60093

CCNS is a nonprofit 501(c)(3) organization.

ccns.org

Reach Out Any Time!

ccns.org

WINNETKA THRIFT SHOP

100% of the proceeds from the Winnetka Thrift Shop fund mental health services at the Counseling Center of the North Shore

“My therapist has helped me get back to where I feel like my life is worth living again. I cannot thank CCNS enough!”

100% OF CLIENTS SAY THEY WOULD SEEK HELP AT CCNS AGAIN.

CLIENT VOICES

Helping people through life’s challenges and transitions by providing high quality therapy that is accessible to all.

“I love the Counseling Center, it has been lifesaving and life changing, highly recommend therapy there. It changed who I am immensely.”

FIND US IN WINNETKA

992 Green Bay Rd, Winnetka, IL 60093

winnetkathriftshop.org
@winnetka_thrift_shop

DONATE YOUR ITEMS

Monday and Tuesday: 10am - 4pm
Wednesday: Closed
Thursday thru Saturday: 10am - 4pm
Sunday: Closed

SHOPPING HOURS

Monday thru Saturday, 10am-5pm

Privacy Is Protected

Your privacy is very important to us. Your information is kept confidential in accordance with federal and state laws, including HIPAA.

Nonprofit, 501(c)3

Thank you to our donors who are central to ensuring access to mental health care for all at CCNS.

ccns.org